






Day & Date	Day	What's Happening	
Mon. October 28th	2	Gr. 8 Fundraising for Holiday Baskets @ The Plaid Jacket 4:00- 8:00 pm	
Tues. October 29th	3	Character Assembly – Responsibility @ 11:00am	
Wed. October 30th	4	Intermediate Boys' Volleyball Tournament @ 3:00 -7:15 pm	
Thurs. Oct. 31st	5	Halloween Parade – Primary Classes @ 8:35 am Pizza Lunch 	
Fri. November 1st	1	Hot Dog Lunch 	

Please continue to check our school website for updates: <http://www.yrdsb.ca/schools/fairwood.ps>



- Nut Free Hallowe'en Treats

Healthy Schools

As we work to reinforce healthy eating practices all year round, we ask that Hallowe'en treats be sent in moderation. As you are aware, we have several students and staff members who have severe allergies to peanuts and tree nuts, and shellfish. Please check to make sure that all snacks/treats are nut free.

Please do not send food products that CONTAIN or MAY CONTAIN nuts or nut by-products or shellfish.

Hallowe'en Celebrations (Reposted from Oct. 14th)

Teachers from classrooms will be sharing with families any planned Hallowe'en activities for Tuesday, October 31st individually. Students who choose to wear their costumes to school, are asked to follow these simple rules.

- Under the Province Safe Schools Legislation students **may not bring toy guns or replicas of any weapons of any kind.**
- Guns, knives or fake blood cannot be worn as accessories on your child's Hallowe'en costumes at school. Such items may cause fear, anxiety or misunderstanding and must be kept away from the school. This applies to students at all grade levels.
- Students cannot wear masks to school as these interfere with clear sight lines.
- Students cannot wear capes while outside at recess as these have the potential for choking.

Respect ~ Responsibility ~ Honesty ~ Empathy ~ Fairness ~ Initiative ~ Perseverance ~ Integrity ~ Courage ~ Optimism



Progress Reports/Interviews

On **Wednesday, November 13th** your child will bring home their progress report card. The progress reports are an early indicator of how your child(ren) are doing in both their learning skills and academics.

It is important that we continue to work towards achieving our very best in our school work.

Interviews times will be **made available to families on Monday, October 28th at 3:00 p.m. on our school's EDSBY platform.** If you have not yet activated your account or are having difficulties, please let us know and we can help.

Interviews will take place during the **evening of Thursday, November 14th and during the morning of Friday, November 15th.** If you are not available during the scheduled times, please contact homeroom teachers to schedule another time.

This is an important time to discuss progress and next steps with staff.

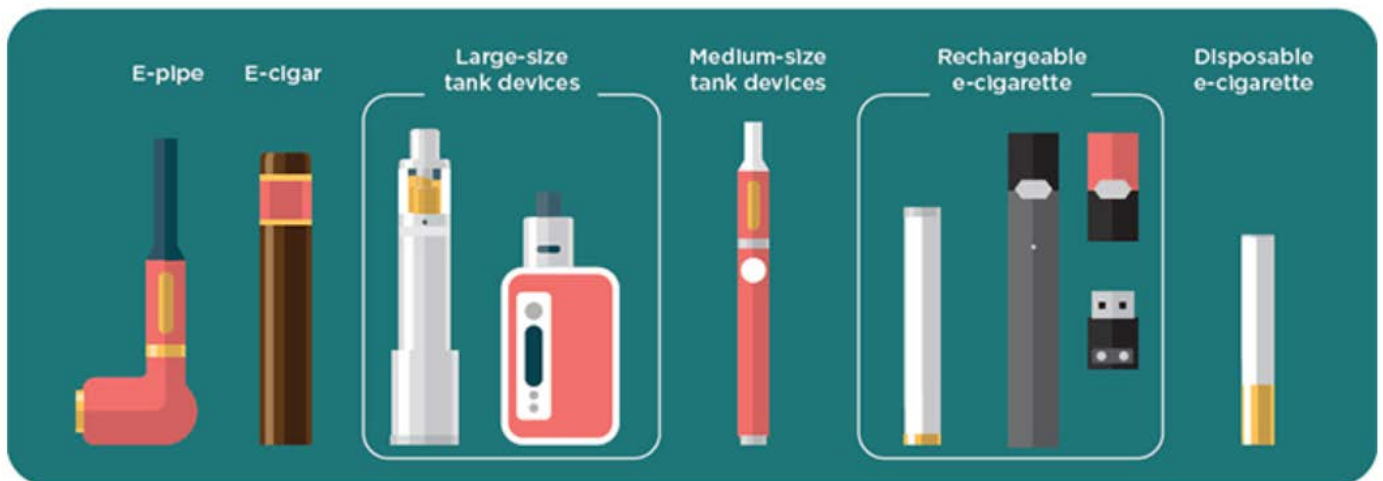
School Accident Insurance

Although the school takes every precaution to provide a safe learning environment, student accidents can and do happen. Often when they do, not all medical, dental or other related expenses may be covered by OHIP or group insurance plans.

We have had some inquiries from families about the discontinuation of the student accident insurance forms. We have just received word that there is a new company offering student accident insurance. Information is below and it can also be accessed at www.insuremykids.com.

Safe Schools- Vaping

What are E-cigarettes, vaping, juuling?



According to [Health Canada](http://HealthCanada), "vaping is the act of inhaling and exhaling a vapour produced by a vaping product, such as an electronic cigarette [or Juul]. Most vaping substances are flavoured and can contain nicotine. ... In the vaping substances that contain nicotine, the level of nicotine can vary widely. Some mixtures have very low levels of nicotine, while others can contain more nicotine than in a typical tobacco cigarette."



The use of electronic products such as vaping, electronic cigarettes and cigars as well as cartridges of nicotine solutions and related products **are not permitted on school property or within 20 metres of school boundaries.**

Kiss and Ride – Student Drop Off Reminder

Please review the following expectations for everyone's safety.

- The drop off loop is a single lane which is closest to the school. The other lane is for traffic moving to the parking lot or to leave the kiss and ride loop.
- Vehicles are to come to a complete stop before the child exits the vehicle.
- Children are to exit from the vehicle directly to the sidewalk and not oncoming traffic.
- Vehicles are not to be parked or left unattended as this causes unnecessary congestion. If you must come in to the school, park your car in the parking lot.

Edsby Communication

Welcome invitations have been sent out to all of our families to join Edsby, our online communication tool.



- Parents and Guardians new to EDSBY and those who have a child newly attending our school will receive an email today from EDSBY inviting them to register/connect. Subject line will be: "Invitation from Edsby to connect". Please click the "*click here to accept*" link in the email and follow the on-screen directions
- If you already have created an account there is no need to create another account. Any additional children can be linked to your existing account.
- If you do not receive this email at some point today, please check your Spam/Junk folder as there have been some issues with Hotmail and Rogers accounts. If it is not in your Spam/Junk folder, send an email with your correct email address to fairwood.ps@yrdsb.ca and we will check and update your email and send the invitation again (this will take at least 24 hours not including weekends).
- TIP: The registration process has been more successful on laptops than it has on phones so please use take this into consideration when registering.

Once you have successfully registered you should receive a confirmation email with the subject line "Welcome to Edsby".

Video instructions are available at: <http://bit.ly/EdsbyParentAccount>

We are sending out this communication in advance to ensure that you have an active EDSBY account.

If you experience any difficulties, please contact the school office.



One Stop Holiday Shop



Date: Thursday November 28th, 2019

Time: 5:00-8:00 pm

Location: Fairwood P.S. gymnasium

Vendor Spots still available!! Please contact Deb Kocot deborahdan@hotmail.com for more information.

With appreciation,

Jill Maar
Principal

Lillian Lahe
Vice Principal

Pat Best
Admin Assistant

Diane Carlson
Admin Assistant



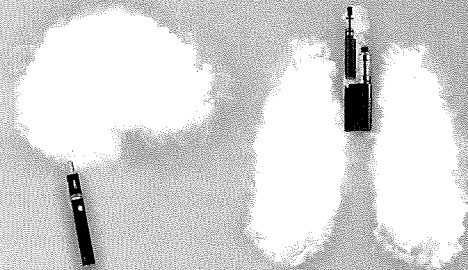
November



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Day 1 	2
3 Daylight Savings Begins – Turn Clocks Back an Hour 	4 Day 2 SK Vision Screening 8:30-10:00 	5 Day 3	6 Day 4 Photo Retakes 	7 Day 5 Pizza Day 	8 Day 1 Booster Juice 	9
10	11 Day 2 REMEMBRANCE DAY Assembly @ 10:30 	12 Day 3 Int. Boys' Area Volleyball 	13 Day 4 Int. Girls' Area Volleyball Progress Reports Go Home	14 Day 5 Pizza Day Progress Report Evening Interview 	15 Day 0 PA DAY/Progress Report Morning Interviews 	16
17	18 Day 1 Toy/Food Drive Begins	19 Day 2 VIP Program Gr. 8 School Council (Subcommittee Mtg) 6:30 pm	20 Day 3	21 Day 4 Pizza Day 	22 Day 5	23
24	25 Day 1 Junior Kindergarten Observation Week Toy/ Food Drive	26 Day 2	27 Day 3	28 Day 4 Pizza Day Holiday Shop 5:00 – 8:00 pm 	29 Day 5 Character Assembly – Courage @ 11:00 am 	30

TALKING WITH YOUR TEEN ABOUT VAPING

A TIP SHEET FOR PARENTS



BEFORE THE TALK: GET THE FACTS

Vaping is not harmless

- > Vaping can increase your exposure to harmful chemicals.
- > Vaping can lead to nicotine addiction.
- > The long-term consequences of vaping are unknown.
- > It's rare, but defective batteries in vaping products have caused fires and explosions.

Risks of nicotine

Nicotine is a highly addictive chemical. Youth are especially susceptible to its negative effects, as it is known to alter their brain development and can affect memory and concentration. It can also lead to addiction and physical dependence. Not all vaping products contain nicotine, but for those that do, the level of nicotine can vary widely. Some mixtures have very low levels, while others can contain more nicotine than in a typical cigarette. Even if a vaping product does not contain nicotine, there is still a risk of being exposed to other harmful chemicals.

Vaping nicotine can alter teen brain development.

Vaping versus smoking

For smokers, vaping is less harmful than smoking. However, it is not safe for youth to use any nicotine products, including cigarettes and vaping products. If you suspect your child is addicted to nicotine, talk to your healthcare provider.

Vaping liquids

The ingredients typically found in vaping liquids include glycerol, flavours, propylene glycol and varying levels of nicotine. The long-term safety of inhaling these substances in vaping products is unknown and continues to be assessed.

There is no burning during vaping, instead, the liquid is heated. This process can cause reactions and create new chemicals, such as formaldehyde. Some contaminants, such as metals, might also get into the vaping products and then into the vapour.

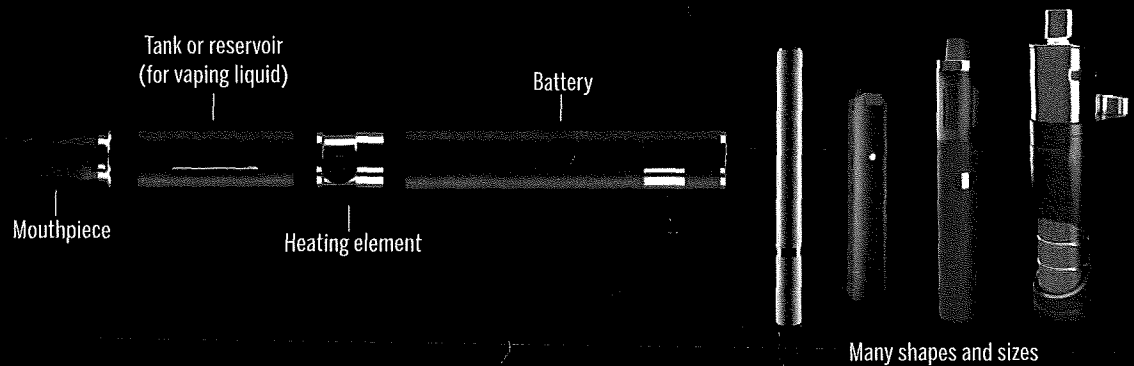
Quick facts

- > Vaping is intended to help smokers quit tobacco. Vaping is not for youth and non-smokers.
- > Vaping is not harmless, yet Canadian teens are trying vaping products. Data from a recent Health Canada survey showed that 23% of students in grades 7–12 have tried an electronic cigarette.
- > There are characteristics that can make vaping products more difficult for you to recognize or detect: devices come in a variety of shapes and sizes, some resembling a USB flash drive; liquids can have high levels of nicotine and come in a variety of flavours; and vaping may not leave a lingering identifiable smell.
- > Vaping products have many names, such as: e-cigarettes, vape pens, vapes, mods, tanks, and e-hookahs. They may also be known by various brand names.

VAPING

T H E M E C H A N I C S

Components of a Vaping Device (e-cigarettes, vape pens, vapes, mods, tanks, e-hookahs)



Contents of Vaping Liquid (e-liquid, e-juice)



A carrier solvent

Usually
propylene glycol
and/or glycerol



Flavours

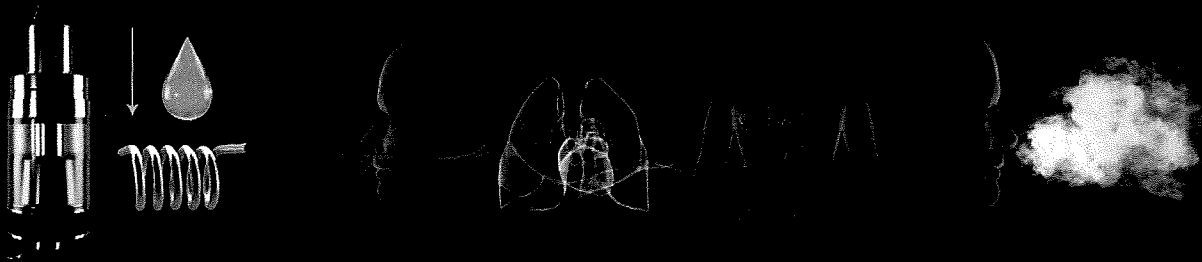
Consists of
chemicals



Nicotine (possibly)

Levels can vary

How it Works: From liquid to vapour



① Vaping liquid, which contains chemicals, is heated to become an aerosol

② The aerosol is inhaled through the mouth and lungs where it is absorbed into the bloodstream

③ The remaining aerosol is exhaled

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Take a closer look: Canada.ca/Vaping

Vaping/Electronic Cigarettes

What you need to know

What is an electronic cigarette or e-cigarette?

An electronic cigarette or e-cigarette is a battery powered device that heats a liquid chemical (e-juice), into a vapor that can be inhaled. This is commonly called vaping. E-juice contains propylene glycol, flavoring, and other additives that come in a prefilled or refillable container (e-cartridge). E-juice does not contain tobacco, however, most of these products contain nicotine which is the addictive substance found in cigarettes.

There are many models of vaping products which come in a variety of shapes and styles, and new products are emerging. They are often referred to by different names such as hookah pens, vapes, mods, tanks, or sub-ohms. They are also sometimes referred to by their brand name such as Juul.

What are the concerns with e-cigarettes?

HEALTH RISKS

More research is needed to determine both the short and long-term health risks. Although e-cigarettes may have fewer chemicals than traditional cigarettes, vaping is not harmless. There are components that are known to be harmful to your health. For example:

- Most e-juices contain nicotine which can be highly addictive
- Nicotine can alter teenage brain development and effect memory and concentration
- Some e-cartridges contain as much nicotine as one pack of cigarettes
- Some bottles of e-juice contain enough nicotine to cause serious harm to a child, adult or an animal.
- Other chemicals such as formaldehyde, acrolein, propylene glycol and artificial flavorings are present
- It is unknown what health risks can come from the second-hand vapor from e-cigarettes. The vapor can be an irritant for the throat, lungs and eyes.
- E-cigarettes are also being used to inhale other substances such as cannabis, weight loss supplements and other drugs.
- Evidence is showing that youth who vape often go on to smoking cigarettes



What you need to know as a parent about student accident insurance?

Accidents can and do happen. Families can spend thousands of dollars if their children are injured at school, on field trips, while participating in extra-curricular activities, or at home. If a student is injured, parent(s)/guardian(s) are responsible for any costs not covered by a government health insurance plan or their employer's health care plan. This leaves the parent/guardian financially responsible for these unexpected expenses.

While the York Region District School Board does not provide student accident insurance, it has arranged voluntary insurance plans through Old Republic Insurance Company of Canada's insuremykids® program. These plans are available to families of all students attending the York Region District School Board. It is recommended that you consider purchasing a student accident insurance plan.

Insuremykids® student accident insurance offers three plans with a variety of benefits at affordable rates – the most affordable plan is available for as little as \$13.00 per year for 24 hours a day, 7 days a week coverage. The most popular plan is the Platinum at \$33 per year and it includes out of province emergency medical coverage and travel benefits. Family rates are available for three or more children in the same family, even if attending different schools.

Plans provide coverage for a wide range of expenses, including:

- **Dental expenses**, includes 10 years unlimited dental benefit coverage, future dental up to \$1,650 per tooth, and injury related orthodontia coverage up to \$2,500 per accident.
- **Total and permanent disability**, up to \$350,000
- **Loss of limb/loss of use**
- **Accidental death**
- **Ambulance fees and more...**

For more information or to purchase directly online, please visit www.insuremykids.com .



FAIRWOOD PUBLIC SCHOOL
Booster Juice Order Form
November 8th, December 13th

Student Name _____ (1 form per student please)

Teacher Name _____

Grade _____

Smoothie Size:

____ 240ml \$4.50

These are also available to order on School Cash Online

Smoothie Choices:

Select One

BERRY BLOSSOM – Strawberries, Blueberries, Raspberries, passion Fruit & Guava _____

MANGO MANIA – Mangos, Strawberries, Passion Fruit & Guava _____

STRAWBERRY – Strawberries, Passion Fruit, Guava & Bananas _____

Return this form to your teacher by: Nov 1st if you would like to order for the November 8th order.

You can order by December 6th if you are just ordering for December 13th.

To be included on those dates your order must be into the office the week before the day of the sale.

Amount enclosed: _____ (Please make cheque payable to Fairwood P.S.)

THANK YOU FOR YOUR SUPPORT. FUNDS WILL HELP SUPPORT

PROGRAMS AT FAIRWOOD P.S.

Welcome back Fairwood Public School!

We are happy to share that Lunchbox Orders will be back at your school for the 2019/2020 school year!

New to the school? Or not familiar with Lunchbox Orders? Lunchbox Orders is a convenient, online ordering platform featuring local restaurants. An ordering calendar has been coordinated for the school community at www.lunchboxorders.com.

The lunch calendar is **NOW OPEN** and will feature the following options:

Delivery Day	Featured Restaurant
Tuesday	Zucca's or Plaid Jacket
Wednesday	Mr. Sub or Swiss Chalet



**Please note there will only be one restaurant delivery per day and the restaurants will rotate.*

How to Order:

1. Go online at www.lunchboxorders.com and click "ORDER LUNCH".
2. **New to Lunchbox Orders?** Click "Create an Account" to register your family's account.
3. **Already registered?** Please login directly with your current user name (e-mail address) and password.
4. Add your child to your account by clicking "add a student" and register your child with their new teacher and grade for the current school year. **** Please ensure the correct teacher and grade are selected to prevent errors on delivery days.**
5. Click "Order Now" (beside your child's name) to access the school's ordering calendar.
6. Proceed with ordering your child's lunch by clicking on the blue box for each restaurant featured.
7. All orders are submitted on the website and payment is processed on-line by Visa, MasterCard, Discover, Debit MasterCard or Visa Debit. Visa and MasterCard prepaid cards are also accepted.

The Benefits:

1. With every meal purchased, a contribution will be made to the school's fundraising program.
2. Lunchbox Orders is paperless and cashless. Ordering online is fast and easy!
3. All menu items featured are compliant with the Ontario Ministry of Education's Food and Beverage Policy.
4. Orders may be placed weekly or in advance, for the full length of the program.

Important Dates:

- The next scheduled lunch delivery is **TUESDAY, OCTOBER 15**.
- **SUNDAY, OCTOBER 13 at NOON (12pm)** is the ordering deadline for the first scheduled delivery.

Things to Remember:

- New orders must be placed by Sunday at 12pm (NOON) for the following week.
- Orders will not be accepted after the Sunday deadline.
- Cancellations will be accepted two (2) days prior to delivery.
- If buses are cancelled due to inclement weather or if there is a school closure, lunches will be cancelled and a credit will be issued within 3 business days.

Questions? Contact the Lunchbox Orders customer service team at **1.877.426.6860** or by e-mail at info@lunchboxorders.com

How to Make the Best of Home Reading

October 23rd, 2019

Dear Parents/Guardians,

We would like to invite you to an informative evening where we will review how to make your reading experiences at home more positive and effective. We will review fix up strategies, reading comprehension strategies and provide practical ways to apply them at home when reading with your child.

Date: Wednesday November 20th, 2019.

Place: Keswick Public School Gymnasium

Time: 6:00-7:00pm.

Childcare is available in the library. Please bring your child(ren) in their P.J.'s for milk, cookies and stories.

Please RSVP to kelly.barbarich@yrdsb.ca with the number of adults and children planning to attend.

Thank you,

Kelly Barbarich and Tajia Niles